

# Monthly Newsletter

## January 2021

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### Dear St. Peter Community,

Happy New Year! A new year can mean renewal or new beginnings for some. Although 2020 is now behind us, its effects are still with us in some way. We're all doing the best we can and it is important to remember that. To start off the new year, this month's lesson with the students have been focused on goal setting.

When students set goals and create plans to achieve them, it can boost their confidence, aligns their focus, and allows them to be responsible for their own life. It is fundamental to the success of any student. Right now, we can't control what is happening in the world but we can still help foster a support environment for our children by having open conversations in helping them set goals for themselves.

*"If I cannot do great things, I can do small things in a great way."* - **Dr. Martin Luther King, Jr.**

It is important to remember how blessed we are to live in a country blended with so many different races, cultures, and identities. Unfortunately, not everyone is open to new and different ideas as we are seeing that play out in the world and on the news. We are here to provide support and resources for the students and parents.

#### **Note to parents/guardians:**

Thank you for the active role you take part in supporting your child through all of these changes. We know it isn't easy and we appreciate all you do. Below are a few tips to help during remote learning. As always, feel free to contact me, the teacher, or the principal for more help or resources in remote learning. We are here for you.

Thank you again for your support,  
Ms. Ramsingh

### **Remote Learning Tips**

1. Set a regular time for study/schooling each day
2. Organize themselves and their materials
3. Know their preferred way of learning
4. Take breaks during their study time.
5. Reflect on their study/schooling each day

